

# Unraveling The Mystery Of Health: How People Manage Stress And Stay Well (Jossey Bass Social And Behavioral Science Series) By Aaron Antonovsky

By Aaron Antonovsky

Antonovsky, A. Unraveling The Mystery of Health - How People Manage Stress and Stay Well, B. Validity of Antonovsky s sense of coherence scale:  
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Article citations. More>> Antonovsky, A. (1987). Unraveling the mystery of health: How people manage stress and stay well. Jossey-Bass, San Francisco.  
<http://www.scirp.org/reference/ReferencesPapers.aspx?ReferenceID=90333>

Antonovsky, A. (1987) Unraveling the mystery of health: How people manage stress and stay well. Jossey-Bass Publishers, San Francisco.  
<http://www.scirp.org/reference/ReferencesPapers.aspx?ReferenceID=765959>

Jun 02, 2014 that years of isolation and captivity have resulted in deterioration of the army sergeant's mental and physical health. "Unraveling the Mystery  
<http://abcnews.go.com/Nightline/video/unraveling-mystery-bowe-bergdahl-23984318>

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<http://www.lib.miamioh.edu/multifacet/record/mu3ugb1056062>

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<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2763724/>

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Aaron Antonovsky is the author of Unraveling the Mystery of Health People Manage Stress and Stay Well 3.5 of 5 Bass Social and Behavioral Science Series)

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